



## טבלת צמחי מרפא מערביים

מקרא
TR - מיצוי בטינקטורה בריכוז 1:3
SP - מיצוי בטינקטורה מצמח טרי
FE - מיצוי בטינקטורה בריכוז 1:2 (מיצוי מחוזק)
DH - צמח יבש (לחליטה)
DE - מיצוי יבש - תמצית יבשה סטנדרטית או תקנית (לכמוסות)
צמחים שמופיעים ברשימה בתצורה של טינקטורה ולא מסומנים ב V - ניתן להשיג כצמח יבש בתאום מראש
אבקה טחונה - ניתן להוסיף לקפסולות

שם הצמח	חלק בשימוש	TR	SP	FE	DH	DE
Achillea millefolium	fls	√				
Aesculus chinensis	cortex , seeds	√				√
Agrimonia repens	herba	√				
Alchemilla vulgaris	fol	√				
Allium sativum	bulb		√			√
Aloe Vera	gel					
Althaea off	fls	√			√	
Althaea off	rad	√			√	
Andrographis paniculata	herba	√			√	√
Anemarrhena asphodeloides	rad	√			√	√
Angelica archangelica	rad	√				
Angelica sinensis	rad	√			√	√
Anthemus graveolens	seeds	√			√	
Apium graveolens	seeds	√			√	
Arctium lappa	rad	√				
Artemisia arborescens	fol	√			√	
Artemisia dracunculus	herba					√
Artemisia judaica	fol	√			√	
Asparagus racemosa	rad	√			√	√

Astragalus membranaceus	rad	✓		✓	✓	✓
Atractylodes macro.	rad	✓			✓	✓
Avena sativa	seeds	✓			✓	
Azadirachta indica - Neem	fol	✓			✓	✓
Bacopa monnieri	fol	✓			✓	✓
Baptisia tintoria	rad	✓				
Barosma betulina	fol	✓				
Boswellia thurifera	resin	✓			✓	✓
Bupleurum chinensis	rad	✓			✓	✓
Calendula off 30%	fls	✓		✓		
Calendula off 90%	fls	✓		✓		
calendula DH	fls				✓	
Camellia sinensis	fol	✓			✓	✓
Capsicum annuum	fruit	✓			אבקה טחונה	
Carum carvi	seeds	✓			✓	
Cassia Fistula	fruit	✓				✓
Centella asiatica	dol	✓			✓	✓
Cimicifuga (actaea) racemosa	rad	✓				✓
Cinnamomum verum	cortex	✓			✓	✓
Codonopsis pilosula	rad	✓			✓	✓
Coffea Arabica	fruit					✓
Cola nitida	fruit	✓			אבקה טחונה	
Commiphora myrrha	resin	✓			✓	✓
Coptis chinensis	rad	✓			✓	✓
Cordyceps sinensis	mushroom	✓				✓
Coriandrum sativum	seeds	✓			✓	
Coridothymus capitatus	herba	✓			✓	
Corydalis turtschaninovii	rad	✓			✓	✓
Crataegus monogyna	fls.	✓	✓		✓	✓
crataegus monogyna	fruit	✓		✓	✓	✓
Cuminum cyminum	seeds	✓			✓	
Curcuma longa	rad	✓			✓	✓
Cymbopogon citratus	herba	✓			✓	
Cynara cardunculus	fol	✓		✓	✓	✓
Dioscorea villosa	rad	✓			✓	✓
Drosera Rotundifolia	herba	✓				
Echinacea ang.	rad	✓			✓	✓
Echinacea pur.	fol	✓	✓		✓	

Echinacea pur.	rad	✓				
Elettaria cardamomum	fruit	✓			✓	
Eleutherococcus senticosus	rad	✓		✓	✓	✓
Epilobium parviflorum	herba	✓				
Epimedium grandiflorum	herba	✓			✓	✓
Equisetum arvense	herba	✓			✓	✓
Eupatorium pupureum	herba	✓				
Euphrasia off.	herba	✓			✓	
Fallopia (polygonum) Multiflora	rad	✓			✓	✓
Filipendula ulmaria	fol	✓			✓	
Foeniculum vulgare	seeds	✓			✓	✓
Galium aparine	herba	✓	✓		✓	
Ganoderma lucidum	mushroom	✓			✓	✓
Garcinia cambogia	fruit	✓			✓	✓
Gentiana lutea	rad	✓			✓	✓
Ginkgo biloba	fol	✓			✓	✓
Glycyrrhiza glabra	rad	✓		✓	✓	✓
Glycyrrhiza glabra DGL	rad	✓				✓
Gymnema sylvestre	fol	✓			✓	✓
Harpagophytum procumbens	rad	✓				✓
Hemidesmus indicus - Sariva	rad	✓			✓	✓
Humulus lupulus	fol	✓			✓	✓
Hyssopus off.	fol	✓			✓	
Inula helenium	rad	✓	✓		✓	
Iris versicolor	rad	✓			✓	
Isatis tinc.	rad	✓			✓	✓
Isatis tinc.	fol	✓			✓	✓
Juglans nigra	fruit	✓			אבקה טחונה	✓
Juniperus communis	fruit	✓			✓	
Lactuca virosa	herba	✓				
Laminaria japonica	alga	✓			✓	✓
Lavendula angustifolia	fls	✓			✓	
Lentinula edodes - shittake	mushroom	✓				✓
Leonurus heterophyllus	rad	✓			✓	✓
Lepidium meyenii (maca)	bulb	✓			אבקה טחונה	
Linum usitatissimum	seeds				✓	
Lippia citriodora	fol		✓		✓	
Lycopus europeus	herba		✓			

Majorana (oreganum) syriaca	fol	√			√	
Marrubium vulgare	herba	√			√	
Matricaria recutita	fls	√			√	
Medicago sativa	herba	√		√	√	
Melissa off	fol	√	√		√	
Mentha piperita	fol	√			√	
Mentha spicata	fol	√			√	
Micromeria fruticosa	fol	√			√	
Momordica charantia	fruit	√			√	√
Moringa oleifera	fol	√			√	
Mucuna pruriens	herba	√				
Myrtus communis	fol	√			√	
Nasturtium off	herba		√		√	
Nepeta cataria	fol	√			√	
Nigella sativa	seeds	√			√	
Ocimum basilicum	fol	√			√	
Ocimum tenuiflorum	fol	√			√	
Olea europaea	fol	√			√	√
Opuntia ficus-indica	fls	√				
Origanum vulgare	fol	√			√	
paeonia lactiflora	rad	√			√	√
Panax ginseng	rad	√			√	√
Panax quinquefolius	rad	√			√	√
Parietaria judaica	herba	√			√	
Passiflora incarnata	fol	√			√	√
Paullinia cupana (Guarana)	seeds	√			√	√
pelargonium graveolens	fol		√		√	
Petroselinum crispum	rad	√				
Petroselinum crispum	fol	√			√	
Phellodendron amurense	rad	√			√	√
Phyllanthus emblica (Emblica off.)	fruit	√				√
Pimpinella anisum	seeds	√			√	√
Piper nigrum	fruit	√				√
Piscidia piscipula	cortex	√				
Pistacia lentiscus	resin	√				
Plantago lanceolata	herba	√			√	
Plantago major	herba	√			√	√
Primula veris	herba	√				

Propolis block	resin	1:3 1:10			אבקה טחונה	
Prunus serrotina	cortex	✓				
psyllium husks	seeds				אבקה טחונה	
Rehmannia glutinosa - sheng di huang	rad	✓			✓	✓
Rehmannia glutinosa - shu di huang	rad	✓			✓	✓
Rhodiola rosea	rad	✓				✓
Rhus glabra	fruit	✓			אבקה טחונה	
Rosmarinus off	fol	✓	✓		✓	
Rubia cordiflora	rad	✓			✓	✓
Rubus idaeus	fol	✓			✓	✓
Rumex crispus	rad	✓				✓
Salvia fruticosa	fol	✓	✓		✓	
Salvia miltiorrhiza	rad	✓			✓	✓
Salvia off	fol	✓		✓	✓	
Sambucus nigra	fls	✓		✓	✓	
Sambucus nigra	fruit	✓			✓	
Satureja thymbra	fol	✓			✓	
Schisandra chinensis	fruit	✓			✓	✓
Scutellaria baicalensis	rad	✓			✓	✓
Scutellaria laterifolia	fol	✓	✓		✓	
Serenoa repens	fruit	✓		✓	✓	✓
Silybum marianum	seeds	✓			✓	✓
Smilax glabra	rad	✓			✓	✓
Solidago virgaurea	herba	✓			✓	
Sophora flavescens	rad	✓			✓	✓
Stachys off.	herba	✓				
Stellaria media	herba	✓			✓	
Syzygium aromaticum	fls	✓			✓	
Tabebuia impetiginosa	cortex	✓			✓	✓
Tanacetum parthenium	herba		✓			✓
Taraxacum off	rad	✓		✓	✓	✓
Taraxacum off	fol	✓			✓	
Thuja occidentalis	twigs	✓				
Thymus vulgar	fol	✓			✓	
Tilia europea	fol	✓			✓	
Tribulus terrestris	fol + fruit	✓			✓	✓

Trifolium pratense	herba	✓			✓	✓
Trigonella foenum-graecum	seeds	✓			✓	✓
Trillium erectum	rad	✓				
Turnera diffusa	fol	✓			✓	
Ulmus rubra	cortex				אבקה טחונה	
Uncaria tomentosa	rad	✓			✓	✓
Urtica dioica	fol		✓		✓	
Urtica dioica	rad	✓				✓
Vaccinium macrocarpon	fruit	✓				✓
Valeriana edulis	rad	✓			✓	✓
Verbascum thapsus	herba	✓			✓	
Verbena off	herba	✓			✓	
Viburnum opulus	rad	✓				
Viola tricolor	rad	✓				
Viscum album	twigs	✓				
Vitex agnus castus	fruit			✓	✓	✓
vitis vinifera	fruit					✓
Withania somnifera	rad	✓		✓	✓	✓
Wolfiporia extensa	mushroom	✓			✓	✓
Zanthoxylum americanum	cortex	✓				
Zea mays	stigmas	✓			✓	✓
zingiber off.	rad	✓	✓		✓	✓
Grifola frondosa (Meitake)	mushroom	✓				✓