



טבלת צמחי מרפא מערביים

מקרא
TR - מיצוי בטינקטורה בריכוז 1:3
SP - מיצוי בטינקטורה מצמח טרי
FE - מיצוי בטינקטורה בריכוז 1:2 (מיצוי מחוזק)
DH - צמח יבש (לחליטה)
DE - מיצוי יבש - תמצית יבשה סטנדרטית או תקנית (לכמוסות)
צמחים שמופיעים ברשימה בתצורה של טינקטורה ולא מסומנים ב V - ניתן להשיג כצמח יבש בתאום מראש
אבקה טחונה - ניתן להוסיף לקפסולות

שם הצמח	שם סיני	חלק בשימוש	TR	SP	FE	DH	DE
Achillea millefolium		fls	✓			✓	
Aesculus chinensis		cortex , seeds	✓				✓
Agrimonia repens		herba	✓			✓	
Alchemilla vulgaris		fol	✓				
Allium sativum		bulb		✓			✓
Althaea off		fls	✓			✓	
Althaea off		rad	✓			✓	
Andrographis paniculata	Huang Bai	herba	✓			✓	✓
Anemarrhena asphodeloides	Zhi Mu	rad	✓			✓	✓
Angelica archangelica		rad	✓				
Angelica sinensis	Dang Gui	rad	✓			✓	✓
Anthemus graveolens		seeds	✓			✓	
Apium graveolens		seeds	✓			✓	
Arctium lappa		rad	✓				
Arctium lappa	Niu Bang Zi	seed	✓			✓	✓
Artemisia arborescens		fol	✓			✓	
Artemisia dracunculus		herba					✓
Artemisia judaica		fol	✓			✓	
Asparagus racemose		rad	✓			✓	✓

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Astragalus membranaceus	Huang Qi	rad	✓		✓	✓	✓
Atractylodes macro.	Bai Zhu	rad	✓			✓	✓
Avena sativa		seeds	✓			✓	
Azadirachta indica (Neem)		fol	✓			✓	✓
Bacopa monnieri		fol	✓			✓	✓
Baptisia tinctoria		rad	✓				
Barosma betulina		fol	✓				
Boswellia thurifera	Ru Xiang	resin	✓			✓	✓
Bupleurum chinensis	Chai Hu	rad	✓			✓	✓
Calendula off 30%		fls	✓		✓		
Calendula off 90%		fls	✓		✓		
calendula DH		fls				✓	
Camellia sinensis	Lu Cha	fol	✓			✓	✓
Capsicum annuum		fruit	✓			אבקה טחונה	
Carum carvi		seeds	✓			✓	
Cassia Fistula		fruit	✓				✓
Centella asiatica		fol	✓			✓	✓
Cimicifuga (actaea) racemosa		rad	✓				✓
Cinnamomum aromaticum	Rou Gui	rad	✓			✓	✓
Cinnamomum verum		cortex					✓
Codonopsis pilosula	Dang Shen	rad	✓			✓	✓
Coffea Arabica		fruit					✓
Cola nitida		fruit	✓			אבקה טחונה	
Commiphora myrrha	Mo Yao	resin	✓			✓	✓
Coptis chinensis	Huang Lian	rad	✓			✓	✓
Cordyceps sinensis	Dong Chong Xia Cao	mushroom	✓				✓
Coriandrum sativum		seeds	✓			✓	
Coridothymus capitatus		herba					
Corydalis turtchaninovii	Yan Hu Suo	rad	✓			✓	✓
Crataegus monogyna		fls.	✓	✓		✓	
crataegus monogyna	Shan Zha	fruit	✓		✓	✓	✓
Cuminum cyminum		seeds	✓			✓	
Curcuma longa	Jiang Huang	rad	✓			✓	✓
Curcumin 95%		rad					✓
Cymbopogon citratus		herba	✓			✓	

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Cynara cardunculus		fol	✓		✓	✓	✓
Dioscorea villosa		rad	✓			✓	✓
Drosera Rotundifolia		herba	✓				
Echinacea ang.		rad	✓			✓	✓
Echinacea pur.		fol	✓	✓		✓	
Echinacea pur.		rad	✓				
Elettaria cardamomum		fruit	✓			✓	
Eleutherococcus senticosus	Ci Wu Jia	rad	✓		✓	✓	✓
Epilobium parviflorum		herba	✓				
Epimedium grandiflorum	Yin Yang Huo	herba	✓			✓	✓
Equisetum arvense		herba	✓			✓	✓
Eupatorium pupureum		herba	✓				
Euphrasia off.		herba	✓			✓	
Fallopia (polygonum) Multiflora	He Shou Wu	rad	✓			✓	✓
Filipendula ulmaria		fol	✓			✓	
Foeniculum vulgare	Xiao Hui Xiang	seeds	✓			✓	✓
Galium aparine		herba		✓		✓	
Ganoderma lucidum	Ling Zhi	mushroom	✓			✓	✓
Garcinia cambogia		fruit	✓			✓	✓
Gentiana lutea		rad	✓			✓	✓
Ginkgo biloba		fol	✓			✓	✓
Glycyrrhiza glabra		rad	✓		✓	✓	✓
Glycyrrhiza glabra DGL		rad	✓				✓
Grifola frondosa (Maitake)		mushroom	✓				✓
Gymnema sylvestre		fol	✓			✓	✓
Harpagophytum procumbens		rad	✓				✓
Hemidesmus indicus - Sariva		rad	✓			✓	✓
Humulus lupulus		fol	✓			✓	✓
Hyssopus off.		fol	✓			✓	
Inula helenium		rad	✓	✓		✓	
Iris versicolor		rad	✓			✓	
Isatis tinc.	Ban Lan Gen	rad	✓			✓	✓
Isatis tinc.	Da Qing Ye	fol	✓			✓	✓
Juglans nigra		fruit	✓				✓
Juniperus communis		fruit	✓			✓	
Lactuca virosa		herba					

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Laminaria japonica	Kun Bu	alga	✓			✓	✓
Lavendula angustifolia		fls	✓			✓	
Lentinula edodes - shitake		mushroom	✓				✓
Leonurus heterophyllus	Yi Mu Cao	rad	✓			✓	✓
Lepidium meyenii (maca)		bulb	✓			אבקה טחונה	
Linum usitatissimum		seeds				✓	
Lippia citriodora		fol		✓		✓	
Lycopus europeus		herba		✓			
Majorana (oreganum) syriaca		fol	✓			✓	
Marrubium vulgare		herba	✓			✓	
Matricaria recutita		fls	✓			✓	✓
Medicago sativa		herba	✓			✓	
Melissa off		fol	✓	✓		✓	
Mentha piperita		fol	✓			✓	
Mentha spicata		fol	✓			✓	
Micromeria fruticosa		fol	✓			✓	
Momordica charantia		fruit	✓			✓	✓
Moringa oleifera		fol	✓			✓	
Myrtus communis		fol	✓			✓	
Nasturtium off		herba		✓		✓	
Nepeta cataria		fol	✓			✓	
Nigella sativa		seeds	✓			✓	
Ocimum basilicum		fol	✓			✓	
Ocimum tenuiflorum		fol	✓			✓	
Olea europaea		fol	✓			✓	✓
Opuntia ficus-indica		fls	✓				
Origanum vulgare		fol	✓			✓	
paeonia lactiflora	Bai Shao	rad	✓			✓	✓
Panax ginseng	Ren Shen	rad	✓			✓	✓
Panax quinquefolius	Xi Yang Shen	rad	✓			✓	✓
Parietaria judaica		herba	✓			✓	
Passiflora incarnata		fol	✓			✓	✓
Paullinia cupana (Guarana)		seeds	✓			✓	✓
pelargonium graveolens		fol		✓		✓	
Petroselinum crispum		rad		✓			
Phellodendron amurense	Huang Bai	rad	✓			✓	✓

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Phyllanthus emblica (Emblica off.)		fruit	✓				✓
Pimpinella anisum		seeds	✓			✓	
Piper nigrum		fruit	✓				✓
Piscidia piscipula		cortex	✓				
Pistacia lentiscus		resin	✓				
Plantago lanceolata		herba	✓			✓	
Plantago major	Che Qian Cao	herba	✓			✓	✓
Primula veris		herba	✓				
Propolis block		resin	1:10			אבקה טחונה	
Prunus serrotina		cortex	✓				
psyllium husks		seeds				אבקה טחונה	
Rehmannia glutinosa גולמית	Sheng Di Huang	rad	✓			✓	✓
Rehmannia glutinosa מבושלת	Shu Di Huang	rad	✓			✓	✓
Rhodiola rosea		rad	✓				✓
Rhus glabra		fruit	✓			אבקה טחונה	
Rosmarinus off		fol	✓	✓		✓	✓
Rubia cordiflora		rad	✓			✓	✓
Rubus idaeus		fol	✓			✓	✓
Rumex crispus		rad	✓				✓
Salvia fruticosa		fol	✓	✓		✓	
Salvia miltiorrhiza	Dan Shen	rad	✓			✓	✓
Salvia off		fol	✓		✓	✓	
Sambucus nigra		fls	✓		✓	✓	
Sambucus nigra		fruit	✓			✓	
Satureja thymbra		fol	✓			✓	
Schisandra chinensis	Wu Wei Zi	fruit	✓			✓	✓
Scutellaria baicalensis	Huang Qin	rad	✓			✓	✓
Scutellaria laterifolia		fol	✓	✓		✓	
Serenoa repens		fruit	✓		✓	✓	✓
Silybum marianum		seeds	✓			✓	✓
Smilax glabra	Tu Fu Ling	rad	✓			✓	✓
Solidago virgaurea		herba	✓			✓	
Sophora flavescens	Ku Shen	rad	✓			✓	✓
Stachys off.		herba	✓				

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Stellaria media		herba	✓			✓	
Syzygium aromaticum	Ding Xiang	fls	✓			✓	
Syzygium cumini		fruit	✓				✓
Tabebuia impetiginosa		cortex	✓			✓	✓
Tanacetum parthenium		herba		✓			✓
Taraxacum off		rad	✓		✓	✓	✓
Taraxacum off		fol	✓			✓	
Thuja occidentalis		twigs	✓				
Thymus vulgar		fol	✓			✓	
Tilia europea		fol	✓			✓	
Tribulus terrestris		fol	✓				✓
Tribulus terrestris	Bai Ji Li	fruit	✓			✓	
Trifolium pratense		herba	✓			✓	✓
Trigonella foenum-graecum	Hu Lu Ba	seeds	✓			✓	✓
Trillium erectum		rad	✓				
Turnera diffusa		fol	✓			✓	✓
Ulmus rubra		cortex				אבקה טחונה	
Uncaria tomentosa		rad	✓			✓	✓
Urtica dioica		fol	✓			✓	
Urtica dioica		rad	✓				✓
Vaccinium macrocarpon		fruit	✓				✓
Valeriana edulis		rad	✓			✓	✓
Verbascum thapsus		herba	✓			✓	
Verbena off		herba	✓			✓	
Viburnum opulus		rad	✓				
Viola tricolor		rad	✓				
Viscum album		twigs	✓				
Vitex agnus castus		fruit			✓	✓	✓
Vitis vinifera		fruit					✓
Withania somnifera		rad	✓		✓	✓	✓
Wolfiporia extensa	Fu Ling	mushroom	✓			✓	✓
Zanthoxylum americanum		cortex	✓				
Zea mays	Yu Mi Xu	stigmas	✓			✓	✓
zingiber off.		rad	✓	✓		✓	✓