



טבלת צמחי מרפא מערביים

מקרא
TR - מיצוי בטינקטורה בריכוז 1:3
SP - מיצוי בטינקטורה מצמח טרי
FE - מיצוי בטינקטורה בריכוז 1:2 (מיצוי מחוזק)
DH - צמח יבש (לחליטה)
DE - מיצוי יבש - תמצית יבשה סטנדרטית או תקנית (לכמוסות)
צמחים שמופיעים ברשימה בתצורה של טינקטורה ולא מסומנים ב V - ניתן להשיג כצמח יבש בתאום מראש
אבקה טחונה - ניתן להוסיף לקפסולות

שם הצמח	שם סיני	חלק בשימוש	TR	SP	FE	DH	DE
Achillea millefolium		fls	✓			✓	
Aesculus chinensis		cortex , seeds					✓
Agrimonia repens		herba	✓				
Alchemilla vulgaris		fol	✓				
Allium sativum		bulb		✓			✓
Althaea off		fls	✓			✓	
Althaea off		rad	✓				
Andrographis paniculata	Huang bai	herba	✓			✓	✓
Anemarrhena asphodeloides	Zhi mu	rad	✓			✓	✓
Angelica archangelica		rad	✓				
Angelica sinensis	Dang gui	rad	✓			✓	✓
Anthemus graveolens		seeds	✓			✓	
Apium graveolens		seeds	✓			✓	
Arctium lappa	Niu bang zi	seed	✓			✓	✓
Artemisia arborescens		fol	✓				
Artemisia dracunculus		herba					✓
Artemisia judaica		fol	✓				
Asparagus racemose		rad	✓			✓	✓
Astragalus membranaceus	Huang qi	rad	✓		✓	✓	✓

שם הצמח	שם סיני	חלק בשימוש	TR	SP	FE	DH	DE
Atractylodes macro.	Bai zhu	rad	✓			✓	✓
Avena sativa		seeds	✓			✓	
Azadirachta indica (Neem)		fol	✓			✓	✓
Bacopa monnieri		fol	✓			✓	✓
Baptisia tinctoria		rad	✓				
Boswellia thurifera	Ru xiang	resin	✓			✓	✓
Bupleurum chinensis	Chai hu	rad	✓			✓	✓
Calendula off 30%		fls	✓		✓		
Calendula off 90%		fls	✓		✓		
Camellia sinensis	Lu Cha	fol	✓			✓	✓
Capsicum annum		fruit	✓			אבקה טחונה	
Carum carvi		seeds	✓			✓	
Cassia Fistula		fruit	✓				✓
Centella asiatica		fol	✓			✓	✓
Cimicifuga (actaea) racemosa		rad	✓				✓
Cinnamomum aromaticum	Rou gui	rad	✓			✓	✓
Cinnamomum verum		cortex					✓
Codonopsis pilosula	Dang shen	rad	✓			✓	✓
Coffea Arabica		fruit					✓
Cola nitida		fruit	✓			אבקה טחונה	
Commiphora myrrha	Mo yao	resin	✓			✓	✓
Coptis chinensis	Huang lian	rad	✓			✓	✓
Cordyceps sinensis	Dong chong xia cao	mushroom	✓				✓
Coriandrum sativum		seeds	✓			✓	
Coridothymus capitatus		herba		✓			
Corydalis turtchaninovii	Yan hu suo	rad	✓			✓	✓
Crataegus monogyna		fls.	✓	✓		✓	
crataegus monogyna	Shan zha	fruit	✓		✓	✓	✓
Cuminum cyminum		seeds	✓			✓	
Curcuma longa	Jiang huang	rad	✓			✓	✓
Curcumin 95%		rad					✓
Cymbopogon citratus		herba	✓			✓	
Cynara cardunculus		fol	✓		✓	✓	✓
שם הצמח		חלק בשימוש	TR	SP	FE	DH	DE

Dioscorea villosa		rad	√			√	√
Drosera Rotundifolia		herba	√				
Echinacea Angustifolia		rad	√			√	√
Echinacea Purpurea		fol	√	√		√	
Echinacea Purpurea		rad	√				
Elettaria cardamomum		fruit	√				
Eleutherococcus senticosus	Ci wu jia	rad	√		√	√	√
Epilobium parviflorum		herba	√				
Epimedium grandiflorum	Yin yang huo	herba	√			√	√
Equisetum arvense		herba	√			√	√
Eupatorium pupureum		herba	√				
Euphrasia off.		herba	√			√	
Fallopia (polygonum) Multiflora	He shou wu	rad	√			√	√
Filipendula ulmaria		fol	√				
Foeniculum vulgare	Xiao hui xiang	seeds	√			√	√
Galium aparine		herba		√		√	
Ganoderma lucidum	Ling zhi	mushroom	√			√	√
Garcinia cambogia		fruit	√			√	√
Gentiana lutea		rad				√	√
Ginkgo biloba		fol	√			√	√
Glycyrrhiza euralensis	Gan cao	rad	√		√	√	√
Glycyrrhiza glabra DGL		rad	√				√
Grifola frondosa (Maitake)		mushroom	√				√
Gymnema sylvestre		fol	√			√	√
Harpagophytum procumbens		rad	√				√
Hemidesmus indicus - Sariva		rad	√			√	√
Humulus lupulus		fol	√			√	√
Hyssopus off.		fol	√			√	
Inula helenium		rad	√	√		√	
Isatis tinc.	Ban lan gen	rad	√			√	√
Isatis tinc.	Da qing ye	fol	√			√	√
Juglans nigra		fruit	√				√
Juniperus communis		fruit	√			√	
Laminaria japonica	Kun bu	alga	√			√	√
Lavendula angustifolia		fls	√			√	
Lentinula edodes - shitake		mushroom	√				√
Leonurus heterophyllus	Yi mu cao	rad	√			√	√

Lepidium meyenii (maca)		bulb	✓			אבקה טחונה	
Linum usitatissimum		seeds				✓	
שם הצמח		חלק בשימוש	TR	SP	FE	DH	DE
Lippia citriodora		fol		✓		✓	
Lycopus europeus		herba		✓			
Majorana (oreganum) syriaca		fol	✓				
Marrubium vulgare		herba	✓			✓	
Matricaria recutita		fls	✓			✓	✓
Medicago sativa		herba	✓			✓	
Melissa off		fol	✓	✓		✓	
Mentha piperita		fol	✓			✓	
Mentha spicata		fol	✓			✓	
Micromeria fruticosa		fol	✓				
Momordica charantia		fruit	✓			✓	✓
Moringa oleifera		fol	✓			✓	
Myrtus communis		fol	✓			✓	
Nasturtium off		herba		✓			
Nepeta cataria		fol	✓			✓	
Nigella sativa		seeds	✓			✓	
Ocimum basilicum		fol	✓			✓	
Ocimum tenuiflorum		fol	✓			✓	
Olea europaea		fol	✓			✓	✓
Origanum vulgare		fol	✓			✓	
paeonia lactiflora	Bai shao	rad	✓			✓	✓
Panax ginseng	Ren shen	rad	✓			✓	✓
Panax quinquefolius	Xi yang shen	rad	✓			✓	✓
Parietaria judaica		herba	✓				
Passiflora incarnata		fol	✓			✓	✓
Paullinia cupana (Guarana)		seeds	✓				
pelargonium graveolens		fol		✓		✓	
Petroselinum crispum		rad		✓			
Phellodendron amurense	Huang bai	rad	✓			✓	✓
Phyllanthus emblica (Emblica off.)		fruit	✓				✓
Pimpinella anisum		seeds	✓				
Piper nigrum		fruit	✓				✓
Piscidia piscipula		cortex	✓				
Pistacia lentiscus		resin	✓				

Plantago lanceolata		herba	✓				
Plantago major	Che qian cao	herba	✓			✓	✓
שם הצמח		חלק בשימוש	TR	SP	FE	DH	DE
Primula veris		herba	✓				
Propolis block		resin	1:10			אבקה טחונה	
Prunus serrotina		cortex	✓				
psyllium husks		seeds					
Rehmannia glutinosa גולמית	Sheng di huang	rad	✓			✓	✓
Rehmannia glutinosa מבושלת	Shu di huang	rad	✓			✓	✓
Rhodiola rosea		rad	✓				
Rhus glabra		fruit	✓				
Rosmarinus Officinalis		fol	✓	✓		✓	✓
Rubia cordiflora		rad	✓			✓	✓
Rubus idaeus		fol	✓			✓	✓
Rumex crispus	Da Huang Tu	rad	✓				✓
Salvia fruticosa		fol	✓	✓			
Salvia miltiorrhiza	Dan shen	rad	✓			✓	✓
Salvia Officinalis		fol	✓		✓		
Sambucus nigra		fls	✓		✓	✓	
Sambucus nigra		fruit	✓			✓	
Satureja thymbra		fol	✓			✓	
Schisandra chinensis	Wu wei zi	fruit	✓			✓	✓
Scutellaria baicalensis	Huang qin	rad	✓			✓	✓
Scutellaria laterifolia		fol	✓	✓		✓	
Serenoa repens		fruit	✓		✓	✓	✓
Silybum marianum		seeds	✓			✓	✓
Smilax glabra	Tu fu ling	rad	✓			✓	✓
Solidago virgaurea		herba	✓			✓	
Sophora flavescens	Ku shen	rad	✓			✓	✓
Stachys off.		herba	✓				
Stellaria media		herba	✓			✓	
Syzygium aromaticum	Ding xiang	fls	✓			✓	
Syzygium cumini		fruit	✓				✓
Tabebuia impetiginosa		cortex	✓				✓
Tanacetum parthenium		herba		✓			✓
Taraxacum Officinalis		rad	✓		✓	✓	✓
Taraxacum Officinalis		fol	✓				

Thuja occidentalis		twigs	✓				
Thymus vulgar		fol					
שם הצמח		חלק בשימוש	TR	SP	FE	DH	DE
Tilia europea		fol	✓				
Tribulus terrestris		fol	✓				✓
Tribulus terrestris	Bai ji li	fruit	✓			✓	✓
Trifolium pratense		herba	✓				✓
Trigonella foenum-graecum	Hu lu ba	seeds	✓			✓	✓
Turnera diffusa		fol	✓			✓	✓
Ulmus rubra		cortex					אבקה טחונה
Uncaria tomentosa		rad	✓			✓	✓
Urtica dioica		fol	✓				
Urtica dioica		rad					✓
Vaccinium macrocarpon		fruit	✓				✓
Valeriana edulis		rad	✓				✓
Verbascum thapsus		herba	✓			✓	
Verbena off		herba	✓			✓	
Viburnum opulus		rad	✓				
Viola tricolor		rad	✓			✓	
Viscum album		twigs	✓				
Vitex agnus castus		fruit			✓	✓	✓
Vitis vinifera		fruit					✓
Withania somnifera		rad	✓		✓	✓	✓
Wolfiporia extensa	Fu ling	mushroom	✓			✓	✓
Zanthoxylum americanum		cortex	✓				
Zea mays	Yu mi xu	stigmas	✓			✓	✓
zingiber off.		rad	✓	✓		✓	✓